



# The Sunrise-Sunset Group of Alcoholics Anonymous

**MAY  
2022**

[www.SunriseSunsetGroup.org](http://www.SunriseSunsetGroup.org)

## Thursday Speakers

- 5th **Laurie K.** (online)
- 12th **Tom P.** (online)
- 19th **Anatyn** (online)
- 26th **Matt S.** (online)

## Saturday Speakers

- 7th **Brendan W.** (hybrid)  
Tradition 1
- 14th **Natasha A.** (hybrid)  
Tradition 1
- 21st **Pat T.** (hybrid)  
Tradition 2
- 28th **Bridget B.** (hybrid)  
Tradition 2

## Tuesday Leaders

- 3rd **Joey M.** (online)  
"Steps 6 & 7"
- 10th **Bear** (online)  
"Steps 8 & 9"
- 17th **Garet M.** (online)  
"Steps 8 & 9"
- 24th **Belinda T.** (online)  
"Step 10"
- 31st **Arrow R.** (online)  
"Step 11"

\* For more information visit our website at [SunriseSunsetGroup.org](http://SunriseSunsetGroup.org)

THE SUNSET GROUP  
Thursday 7:00-8:00pm



THE SUNSET GROUP BIG BOOK STUDY  
Tuesday 7:00-8:00pm

THE SUNRISE GROUP BIG BOOK STEP STUDY  
Saturday 8:15-9:30am  
St. Matthews Lutheran Church – Sanctuary Room  
11031 Camarillo St.  
North Hollywood, CA 91602

## Seventh Tradition

Visit website Events page for PayPal links.  
Venmo with @SunriseSunset or scan below.  
(please denote Tuesday, Thursday, or Saturday when giving)



## Zoom Meetings Information

(Zoom access available 10 minutes before start of each meeting)

Meeting ID: 862 2597 2363  
Password: 862020

**"Our common welfare should come first... "**

(per Alcoholics Anonymous Tradition One)

In the interest of continuing our live/Zoom hybrid format it was decided that beginning on Saturday, January 15, going forward until deemed necessary, the live portion of the meeting would be subject to the following guidelines:

- ~~All fellowship prior to, and after, the meeting will need to be conducted outside~~
- **Masks are mandatory recommended and optional indoors (covering mouth and nose)**
- ~~No food or beverages will be provided - we encourage you to bring your own~~
- **Observe social distancing while indoors - includes seating during the meeting**
- **We will be standing in place for the "Lord's Prayer" - No group gathering / circle**

We would very much like to see all our Alcoholics Anonymous members, and those struggling, in person but if you are not comfortable with these guidelines we certainly understand. We encourage you to join us on Zoom until we can all come back together safely.

We appreciate your understanding as we strive to bring you the safest in-person meeting possible.

**UPDATE: In alignment with societal norms and local guidelines, masks are recommended and optional. We are again serving coffee and refreshments. We thank everyone involved for their understanding.**

**UPDATE: Per a recent Steering Committee meeting, we strongly encourage anyone addressing the group and/or sharing at our Saturday Sunrise hybrid meeting, to speak near the provided microphone so any Zoom attendees may hear . *Thank you***

HEARD AT A MEETING

**"MY SPONSOR GAVE ME A REALITY CHECK—BUT IT BOUNCED."**

—RICHARD H. Giddis, Calif., Jan 2012

MAKE THAT CALL!

SPONSOR: "I haven't heard from you in over a month. Don't you know that alcoholism requires daily work on your program? What's your excuse?"

SPONSOR: "I was just doing what you told me."

SPONSOR: "What are you talking about? I told you to keep in touch."

SPONSOR: "You told me to work the Steps every day and to avoid people who irritate me."

—BOB H. Green Valley, Ariz., Nov 2012



*"Do you have some time to go over my inventory?"*

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).  
The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.area93.org).

If you would like to contribute to this newsletter please contact the editor at [SunriseSunsetGroup@gmail.com](mailto:SunriseSunsetGroup@gmail.com)